

Something for everyone!



January to June courses 2020

@ Bowen Street Community Centre, Camberwell

Technology
& Work Skills

Creative
Pursuits

Health &
Wellbeing

Languages

Children &
Teen Activities

General
Interests

Bowen Street Community Centre Camberwell (BSCCC) is self-managed. Our core services include childcare, playgroups, community support, activities and courses. We also offer room hire for corporate and not-for-profit organisations, including preschool birthday parties. Semester program available on our website from www.bowenstreet.org.au

CHILDREN'S ACTIVITIES

Child Care – CCS Approved - sessional and permanent

We offer quality CCS Approved sessional Childcare programs in line with the Early Years Framework.

6mths – 5yrs: Wed and Fri 9.15am–12.15pm 29/1 (9wks), 15/4 (11wks) Call Centre for cost

12mths – 5yrs: Wed and Fri 9.30am–2.30pm 29/1(9wks), 15/4 (11wks) Call Centre for cost.

Extra term break sessions:

Wed 9.30am–2.30pm

22/1, 1/4, 8/4, 1/7, 8/7

Call Centre for cost and to organise a visit, phone: 9889 0791

Playgroups – unstructured

New to the area and looking for a Playgroup? Join an existing group or bring your established group here. Includes lovely outside area with secure playground and access to kitchen facilities. Membership fees apply. Virtual tour and details visit: www.bowenstreet.org.au

Grandparents` Playgroup

Facilitated open age playgroup for Grandparents and Carers. Organised activities for children with their grandparents. (0-5yrs) Mon 9am–11am during school terms \$5/session

New to the area playgroup

Unstructured open age for new families. Thu 9am–11am ongoing
Membership fees apply, phone: 9889 0791

Preschool Birthday Parties

Room hire for preschool birthday parties
Virtual tour of facilities and details:

www.bowenstreet.org.au

Phone 9889 0791

Sat and Sun 9am–1.30pm or 1.30pm–5pm

Some weekdays available.

Cost: \$150, Members \$110

NEW Children's Craft for 7 – 11 years

Children will have fun completing a crafty project. Call for details. Materials provided.
Booking required, phone 9889 0791

School Holidays:

Friday 3 July 10am–12pm \$38

Sewing for Teens

Learn how to set up your machine using different stitches and go home with a cool project.

Call for details. Materials provided.

Booking required, phone 9889 0791

School Holidays:

Friday 3 July 12.30pm–3.30pm \$65

HEALTH AND WELLBEING

Yoga for Mums/Babies/Toddlers

Join a small group of mums in a perfect space for your baby/child to play freely in the same room as you exercise and relax.

Term 1 Tue 10am–11am 11/2 (7wks) \$105

Term 2 Tue 10am–11am 21/4 (10wks) \$150

Booking required, phone: 9889 0791

Yoga

Hatha yoga – suitable for all levels.

Term 1 Wed 6.30pm–7.30pm 5/2 (8wks) \$136

Term 2 Wed 6.30pm–7.30pm 15/4 (11wks) \$187

Booking required, phone: 9889 0791

Parents and Carers Choir

The Parents and Carers Choir was created at the beginning of 2019 to provide a safe environment for parents who enjoy singing. They are a daytime, child-friendly choir that promotes the benefits of group singing. It doesn't matter if you sing in the shower, the car or on the stage, Mums, Dads, babies, toddlers, carers, grandparents and belly bumps are all welcome.
Morning Tea provided after class.
Phone: 9889 0791 with an expression of interest.

SEE OVER FOR MORE COURSES!

FREE ACTIVITIES

Harmony Day

'Everyone Belongs'. All are welcome to a concert by the George Dreyfus Quartet including morning tea.

Thursday 26 March 10am – 12pm

Booking essential, phone 9889 0791

Neighbourhood House

Week 8th–15th May

Craft Activity – Ring for details.

Booking required, phone 9889 0791

Open Playgroup with Children's Music and Morning Tea

Thursday 14 May 9am – 11am. All welcome.

Support group for parents of children with disabilities – Interchange

For Parents of children with disabilities (just for parents). Information sharing, support and friendship including activities and outings and time out to care for yourself.
Mon 10am–12pm 3rd Monday of the month.

FREE

Room hire

Rooms available for community, commercial or non-profit use. Our rooms are suitable for meetings, classes and workshops.
Call Centre for cost, phone: 9889 0791

Community Library

We have a fantastic library of books on families, multiple birth, assorted topics child/health/rearing, nutrition, sleep, education, child development etc.

Bowen Street: Mon to Fri 9am–3pm **FREE**

TECHNOLOGY

Individual iPad/iPhone/Mac Support/PC/Laptop

Need more skills in using your mobile phone, computer or tablet? One-hour sessions, volunteer led. Various times and days.
\$10/session, phone 9889 0791



Bowen Street Community Centre 102 Bowen Street Camberwell

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LANGUAGES

French Conversation

An informal conversation class, sometimes facilitated.

Thu 10am–11.30am, 13/2 ongoing
Gold coin donation.

Booking required, phone 9889 0791

Spanish Conversation

An informal conversation class, sometimes facilitated.

Thu 12pm–1.30pm 13/2 ongoing, Gold coin donation. Booking required, phone 9889 0791

Italian Conversation

An informal conversation class, sometimes facilitated.

Thu 2pm–3.30pm 13/2 ongoing
Gold coin donation.

Booking required, phone 9889 0791

Italian Intermediate

Ranges from one to three years' experience
Tue 11.30am–1pm

4/2 (8wks) \$144, 21/4 (10wks) \$180
Booking required, phone 9889 0791

Italian Advanced

Three years' plus experience
Tue 10am - 11.30am

4/2 (8wks) \$144, 21/4 (10wks) \$180
Booking required, phone 9889 0791

Italian Beginners

Up to 12 months experience
Tue 1.30pm–3pm

4/2 (8wks) \$144, 21/4 (10wks) \$180
Booking required, phone 9889 0791

Italian Absolute Beginners

Tue 3pm–4.30pm

4/2 (8wks) \$144, 21/4 (10wks) \$180
Booking required, phone 9889 0791

NEW German Beginners

Learn basic German in a small group.
No book required.

Wed 10am–12pm

12/2 (7wks) \$168, 22/4 (10wks) \$240
Booking required, phone 9889 0791

WORKSHOPS

NEW Japanese Tea Flight

You'll see, smell and taste authentic Japanese teas, selected based on uniqueness, accessibility and popularity in Japan.

Mon 10am–11am 2/3 (1 session) \$42

Phone: 9889 0791

Wiser Walker, Wiser Traveller

A three-week program for older people designed to help them learn about getting around without a car – use of public transport, Myki, taxi use, walking, community transport and support services.

Fri 10.30am–12.30pm 8/5, 15/5, 22/5

Phone: 9889 0791 **FREE**

NEW Toilet Training Tips for Parents of Toddlers

This session aims to give you practical steps that will assist in helping your child achieve toileting independence in a non-confrontational way.

Thu 9am–11am 4/6 (1 session)

Phone: 9889 0791 **FREE**

Landscape Gardening

Diane Beddison, Landscape Designer, post graduate qualification from Melbourne University, Burnley Campus. An introductory seminar to designing your own garden, step-by-step. It covers what you should consider before you start, accessing the site, the design process, creating a scale plan plus plant selection and planting design. Participants are encouraged to share their own design issues as part of the class discussion.

Wednesday 18 March 7pm–8.30pm,
call for details.

Booking required, phone 9889 0791 **FREE**

COMMUNITY OUTREACH

Uplift Project

This project collects new and second hand bras for women in disadvantaged communities. Place your donation at Bowen Street.

TEXTILES, JEWELLERY, ART

Learn to use your Sewing Machine

Got a brand new machine and don't know how to use it? Learn how to thread your machine, wind the bobbin, learn a variety of stitches and various types of seams on your own machine so that you are all set to begin sewing. Booking required, phone 9889 0791

Term 1 Fri 9.30am - 12pm 14/2 \$50

Term 2 Fri 9.30am - 12pm 1/5 \$50

Sewing for all levels

Learn techniques to start you off on your sewing journey including how to understand a pattern, fabric selection, cutting correctly, professional sewing techniques including darts, zippers, hems and finishing seams or you want to learn some professional techniques and finishes to take your sewing to the next level, in this relaxed class.

Booking required, phone 9889 0791

Term 1 Fri 9.30am–12pm 21/2 (6wks) \$230

Term 2 Fri 9.30am–12pm 8/5 (6wks) \$230

How to Draw what you See

Come join Gay Clarke and discover the artist within! With the right guidance, you can learn to draw what you see, real or imaginary. Through a series of fun and relaxing exercises, including meditation and learning a few 'tricks of the trade', you can develop your creative skills. Materials supplied.

Term 1 Wed 12.30pm–2.30pm 12/2 (6wks) \$75

Term 2 Wed 12.30pm–2.30pm 22/4 (8wks) \$100

Booking required, phone 9889 0791

NEW Beeswax Wrap Workshop

If you want to stop using plastic cling wrap, then homemade wraps are a great alternative. You can use them to cover food and keep it fresh, plus they're reusable and can easily be refreshed if the wax starts to wear. Materials supplied.

Mon 10am–11.30am 16/3 (1 session) \$25

Booking required, phone 9889 0791



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