



# Neighbourhood Houses Boroondara **SHORT COURSE GUIDE**

Semester One: February to June 2018



## Boroondara Community and Neighbourhood Houses Short Course Guide

The City of Boroondara is home to ten Community and Neighbourhood Houses.

Our Centres offer over 200 courses and activities; ranging from art groups, further education and personal development, friendly fully-accredited childcare facilities, child and youth activities, social groups and fitness classes – all conveniently located around Boroondara. You will be surprised how close you are to one!

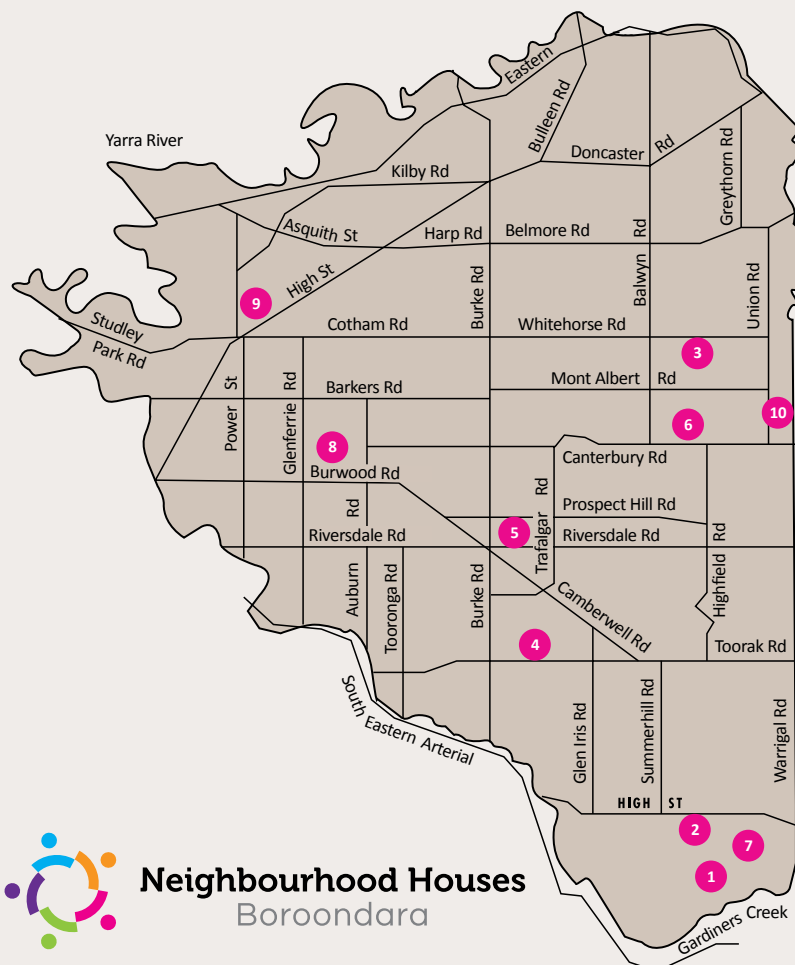
We have many years of experience with fantastic tutors and courses that are constantly evolving and growing to meet our community need. Most importantly, there is something for everyone – from the very young to most senior.

Courses are a mix of term based, short courses or one-off programs. Often activities can be joined mid-term. We try to keep the cost of our programs affordable and accessible, some are even free. Call our Centres for further details on any course that you are considering; we are happy to help.

Look up some of the wonderful activities we have on offer and enrol in a short course now. You can also keep up-to-date with our latest programmes and events by checking out our websites or following us on Facebook.

## Centre Locations

The ten Boroondara Community and Neighbourhood Houses are located throughout the City of Boroondara.



About our Centres	1
Childcare	2
Children and Teen Activities	2
Community Activities	4
Cooking	5
Creative Pursuits	6
In the Garden	7
Health and Wellbeing	8
Languages	10
General Interest	11
Technology and Workskills	12
The Arts	13
Volunteer Activities	14
Room Hire	14
Workshops	14

# About our Centres

## 1. Alamein Neighbourhood and Learning Centre

49 Ashburn Grove, Ashburton 3147  
Ph: 9885 9401  
E: [admin@alameinnlc.com.au](mailto:admin@alameinnlc.com.au)  
W: [www.alameinnlc.com.au](http://www.alameinnlc.com.au)

Alamein Neighbourhood and Learning Centre offers adult learning classes in technology, vocation, English, fitness, creative pursuits and more. We also offer community activities including free computer access, men's shed, community lunches and information sessions. Come and visit us.

## 2. Ashburton Community Centre

160 High Street, Ashburton 3147  
Ph: 9885 7952  
E: [office@ashburtoncc.org.au](mailto:office@ashburtoncc.org.au)  
W: [www.ashburtoncc.org.au](http://www.ashburtoncc.org.au)  
Facebook: [facebook.com/ashburtoncc](https://facebook.com/ashburtoncc)  
Instagram: [instagram.com/ashburtoncc](https://instagram.com/ashburtoncc)

Co-located with the Ashburton Library, the Ashburton Community Centre offers an array of short courses, activities and events to improve your skills, share interests and meet other people. Room hire available.

## 3. Balwyn Community Centre

412 Whitehorse Road,  
Surrey Hills 3127  
Ph: 9836 7942  
E: [reception@balwyncc.org.au](mailto:reception@balwyncc.org.au)  
W: [www.balwyncc.org.au](http://www.balwyncc.org.au)

Located in a beautiful bush setting, Balwyn Community Centre is a place to learn, grow, belong and escape. We offer courses and activities; a childcare facility; function venue; tennis courts and a community garden.

## 4. Bowen Street Community Centre Camberwell

102 Bowen Street, Camberwell 3124  
Ph: 9889 0791  
E: [info@bowenstreet.org.au](mailto:info@bowenstreet.org.au)  
W: [www.bowenstreet.org.au](http://www.bowenstreet.org.au)

Our core services include childcare, playgroups, community support, adults and children's courses. We also offer room hire.

## 5. Camberwell Community Centre

33 Fairholm Grove, Camberwell 3124  
Ph: 9882 2611  
E: [contact@camberwellcommunitycentre.org.au](mailto:contact@camberwellcommunitycentre.org.au)  
W: [www.camberwellcommunitycentre.org.au](http://www.camberwellcommunitycentre.org.au)

Camberwell Community Centre offers classes and activities for children and adults. We run small, friendly classes with professional tutors. Weekly activities include wellbeing and social card groups. Programs include pottery and ceramics, art, languages and creative writing.

## 6. Canterbury Neighbourhood Centre

2 Rochester Road, Canterbury 3126  
Ph: 9830 4214  
E: [office@canterburynh.org.au](mailto:office@canterburynh.org.au)  
W: [www.canterburynh.org.au](http://www.canterburynh.org.au)

Canterbury Neighbourhood Centre (CNC) builds connections and wellbeing through learning, friendship and support. CNC classes include languages, literature, wellbeing, creativity and our unique walking tours. Get inspired, involved and learn something new.

## 7. The Craig Family Centre

7 Samarinda Avenue, Ashburton 3147  
Ph: 9885 7789  
F: 9885 6299  
W: [www.craigfc.org.au](http://www.craigfc.org.au)

The Craig Family Centre is a non-profit, community-based organisation that provides services supporting individuals and families within the local community. With a strong community-development focus, we offer many programs including childcare, support programs and leisure activities.

## 8. Hawthorn Community House

32 Henry Street, Hawthorn 3122  
584 Glenferrie Road, Hawthorn 3122  
Ph: 9819 2629  
E: [info@hch.org.au](mailto:info@hch.org.au)  
W: [www.hch.org.au](http://www.hch.org.au)

Hawthorn Community House provides social, educational and recreational activities for the community in a welcoming and supportive environment.

## 9. Kew Neighbourhood Learning Centre

2-12 Derby Street, Kew 3101  
Ph: 9853 3126  
E: [admin@kewnlc.org.au](mailto:admin@kewnlc.org.au)  
W: [www.kewnlc.org.au](http://www.kewnlc.org.au)

KNLC provides socially inclusive educational, recreational, health and wellbeing and social support opportunities for our community. We also offer an inclusive communities program for marginalised members of the community. Come visit our Sparechair Café!

## 10. Surrey Hills Neighbourhood Centre

157 Union Road, Surrey Hills 3127  
Ph: 9890 2467  
E: [enquiries@surreyhillsnc.org.au](mailto:enquiries@surreyhillsnc.org.au)  
W: [www.surreyhillsnc.org.au](http://www.surreyhillsnc.org.au)

Surrey Hills NC is a welcoming place where people come together to share interests and learn new skills. We offer a wide range of programs and activities, run by friendly and knowledgeable tutors and group leaders.

## Memberships and Enrolments

Most Centres have a small membership fee; this helps cover the Centre's day-to-day running costs, administration overheads and hospitality expenses.

All courses are subject to sufficient enrolments and may be cancelled at the discretion of the Centre's management.

Dates and costs are correct at time of printing and may change occasionally.

The following Centres provide sessional child care in a supportive, safe and fun setting where children learn through play. Qualified early childhood educators staff all sessions. Contact Centres directly for further details or to enquire about vacancies.

## 3-Year-Old Program

A 3-year old specific, double program (2 x 5hr-sessions per week).

**Craig:** Mon and Wed 9am - 2pm  
31/1 (8wks); 16/4 (11wks) or  
Tue and Thu 9am - 2pm  
30/1 (8wks); 17/4 (11wks) \$735 per term

## 4-Year-Old Kindergarten

**Craig:** Mon Wed and Fri 9am - 2pm  
31/1 (8wks); 16/4 (11wks)  
\$550 per term, funded

## Occasional/Sessional Childcare

**Balwyn:** Mon to Fri 9am - 12pm

5/2 (7wks); 16/4 (10wks)  
\$36 per session or \$42 Casual

Mon to Fri 9am - 2pm  
5/2 (7wks); 16/4 (10wks)  
\$60 per session or \$70 Casual

Mon to Fri 12pm - 2pm  
5/2 (7wks); 16/4 (10wks)  
\$24 per session or \$28 Casual

**Bowen Street:** (1+ group)

Tue 9.15am - 12.15pm  
30/1 (9wks); 17/4 (11wks)

Call Centre for cost  
(6mths to 5yo) Wed and  
Fri 9.15am - 12.15pm

30/1(9wks); 17/4 (11wks)  
Call Centre for cost

(12mths to 5yo) Wed and  
Fri 9.30am - 2.30pm

30/1 (9wks); 17/4 (11wks)  
Call Centre for cost

**Craig:** Mon to Fri 9am - 1pm

30/1 (8wks); 16/4 (11wks)  
\$50 per session plus an additional session  
on Fri 9am - 2pm

2/2 (8wks); 20/4 (11wks) \$62 per session

**Hawthorn:** Mon Tue Wed 9.15am -  
1.15pm 29/1 (10wks); 16/4 (10wks)

\$48 per session

Thu 9.15am - 2.15pm

1/2 (10wks); 19/4 (10wks)

\$60 per session

## Shoestring Occasional Care

Take a break while your children explore and investigate through play. Bookings and payment made on a school term basis.

**Kew:** Mon Tue Wed or Thu 9am - 12pm  
29/1 (9wks); 16/4 (11wks) \$36 per session

## Shoestring Plus (3 - 5 years)

Activities include art, cooking and science. Enrol for 1 or 2 afternoons.

**Kew:** Mon Tue or Thu 1pm - 4pm  
29/1 (9wks); 16/4 (11wks) \$36 per session

## Preschool Birthday Parties

Room hire for preschool birthday parties.

Virtual tour of facilities and details:

[www.bowenstreet.org.au](http://www.bowenstreet.org.au)

**Bowen Street:** Sat and Sun 9am - 1.30pm  
or 1.30pm - 5pm

Some weekdays available.

\$140 (Members \$100)

# Children and Teen Activities

## Children's Art and Craft

### After-school Art for Young People

**Balwyn:** (8 - 11 years) Tue 4.15pm -  
5.45pm 6/2 (8wks); 17/4 (8wks) \$132

**Hawthorn:** (8 - 12 years)  
Thu 4.15pm - 5.45pm  
2/2 (10wks); 19/4 (10wks) \$142

### Cartooning with Toshi NEW

**Camberwell:** (8 - 13 years)  
Tue 4pm - 5.30pm 6/2 (8wks); 1/5 (8wks)  
\$155

### Clay Time in The Clay Room NEW

**Camberwell:** (8 - 12 years)  
Wed 4pm - 5.30pm  
7/2 (8wks); 2/5 (8wks) \$200

### Learn to Knit

**Balwyn:** Tue 10 Apr and Thu 12 Apr  
10.30am - 12noon Tue session \$20 or  
both for \$35

### Messy Mornings (3 - 5 years) NEW

A fun morning for pre-schoolers and their parents. Enjoy stories, art and craft with a qualified kindergarten teacher.

**Ashburton:** Tue 9.30am - 11am  
6/2 (8wks) \$160; 17/4 (10wks) \$200

### Mixed Media Art for Primary students (Grades 3 - 6)

A fun class exploring different mediums including drawing, painting, construction and sewing.

**Kew:** Wed 4pm - 5.30pm  
7/2 (8wks) \$170; 18/4 (10wks) \$210

### Pre-school Pottery NEW

**Ashburton:** Tue 10.30am - 11.15am  
13/2 (4wks); 24/4 (4wks) \$120

## Dance, Music and Yoga

### Caroline's Little Stars - Kids' Music (8 months - 5 years)

**Ashburton:** Mon 9.30am - 10.15am  
5/2 (7wks) \$95; 16/4 (10wks) \$135  
(sibling discount available)  
Mon 10.30am - 11.15am  
5/2 (7wks) \$95; 16/4 (10wks) \$135  
(sibling discount available)

### Creative Dance & Movement

**Surrey Hills:** (3 - 5 yo groups)  
Fri 11am - 11.45am; \$16 per class,  
paid termly

### Dance with Rockin Robyn

This fun, creative dance program aims to develop each child's individuality and a perfect balance between free creative movement and basic choreography.

**Bowen Street:** (2 - 3.5 years)  
Mon 11.15am - 11.45am 16/4 (8wks) \$88  
(3-6 years) Mon 12pm - 12.30pm  
16/4 (8wks) \$88

**Kew:** (2 - 5 years) Thu 9.30am - 10am  
8/2 (8wks) \$80; 19/4 (11wks) \$110

### Early Primary Jazz and Contemporary Dance - Beginners (6 - 8 years)

Build strong foundations in jazz and contemporary dance in a fun and stress-free class.

**Kew:** Mon 4.30pm - 5.30pm  
5/2 (7wks) \$105; 16/4 (10wks) \$150

### Mini Groovers (18 months - 5 years) NEW

Fun and creative dance classes for pre-schoolers.

**Ashburton:** (18 months - 3 years)  
Thu 9.45am - 10.15am 8/2 (8wks) \$105;  
19/4 (10wks) \$135  
(3 - 5 years) Thu 10.30am - 11am  
8/2 (8wks) \$105; 19/4 (10wks) \$135

### Music and Movement (2 - 5 years)

A fun introduction to music and dance to under 5s.

**Kew:** Wed 9.30am - 10am  
7/2 (8wks) \$80; 18/4 (10wks) \$100



## Exploring and Education

### Code It Yourself Club

Learn the skills to take you on the pathways of coding, websites, 3D printing, game development and more.

**Surrey Hills:** Taking expressions of interest

### Coderdojo

For young people from aged 7 - 17, learn how to code, develop websites, apps, programs and games. Second Sunday of every month during term times. BYO parent and laptop.

**Hawthorn:** Sun 11am - 12.30pm  
11/2, 11/3, 15/4, 13/5, 10/6 **FREE**

### Homework Group

Upper Primary and Secondary school assistance with Maths and English homework. Intake criteria applies. Operates during school terms.

**Craig:** Wed 4pm - 5.30pm  
7/2 (7wks); 25/4 (10wks) **FREE**

### Little Readers school readiness program

A literacy and numeracy program designed for pre-schoolers (3 - 5 year old) to assist them with successfully transitioning to school.

**Surrey Hills:** Thu 11am - 12pm or 1.30pm - 2.30pm Taking expressions of interest

### Mandarin Class

Fun and effective play-based Mandarin class. Free trial provided.

**Craig:** (4 years plus)  
Wed 4.15pm - 5.45pm  
5/2 (8wks); 23/4 (11wks)  
\$60 per lesson for 1 child & \$40 per lesson for siblings plus \$25 per term for text books

### La Escuelita de Maria Spanish Classes (2 years to 9 years)

Learn Spanish from a native speaker. Call Maria on 0420 468 820 for more details (sibling discount available).

**Ashburton:**  
(2 - 3 years) Sat 8.10am - 9am  
3/2 (8wks); 21/4 (8wks) \$230  
(3 - 4 years) Sat 10am - 10.50am  
3/2 (8wks); 21/4 (8wks) \$230  
(4 - 5 years) Sat 9am - 9.50am  
3/2 (8wks); 21/4 (8wks) \$230  
(6 years plus) Sat 11am - 12.20pm  
3/2 (8wks); 21/4 (8wks) \$290  
(6 years plus) Mon 4.10pm - 5pm  
5/2 (7wks), \$200; 16/4 (8wks) \$230

## Playgroups

### Grandparents` Playgroup

Facilitated open-age playgroup for grandparents and carers.

**Bowen Street:** (0 - 5 years)  
Mon 9am - 11am during term dates  
\$4 per session  
**Kew:** Wed 11am - 1pm  
7/2 (ongoing) \$3.50 per session

### New to the Area Playgroup

Unstructured open-age, for new families.

**Bowen Street:** Thu 9am - 11am  
Membership fees apply

### Open Playgroup with Specialist Guest Speakers

Morning tea provided. Ring to book. Psychologist - Sarah Gelman  
Ideas for encouraging good behaviour.

**Bowen Street:** Thu 10am - 11am  
22/2 (1 session) **FREE**  
Personal Trainer - Kylie Smith  
Years 1 to 4, combine fun and sensory development.

**Bowen Street:** Thu 10am - 11am  
8/3 (1 session) **FREE**  
Speech Pathologists - Kaye Kingham/  
Emma Nottingham

Help your toddlers develop their communication skills at home.

**Bowen Street:** Thu 10am - 11am  
3/5 (1 session) **FREE**

### Playgroups

Looking for a playgroup? Join an existing group or bring your established group. Membership fees apply - includes secure outside playground and access to kitchen facilities.

**Bowen Street:** Virtual tour and details:  
[www.bowenstreet.org.au](http://www.bowenstreet.org.au)

The Craig Family Centre runs both facilitated and parent led playgroups where families, carer's, children and babies can meet and benefit through play in regular, fun playgroup sessions. Join an existing playgroup or start your own!

**Craig:** Mon - Fri, various times  
5/2 (7wks); 16/4 (11wks) community run  
\$50 per term, facilitated \$165 per term

### Mandarin Playgroup - Facilitated (0 - 5 years)

Mandarin immersion activities including storytelling, music, games, handicraft and free play. Free trial provided.

Email: [playgroup@craigfc.org.au](mailto:playgroup@craigfc.org.au)  
**Craig:** Tue 10am - 12pm  
30/1 (8wks); 17/4 (11wks) \$165 per term  
Thu 4pm - 6pm  
1/2 (8wks); 19/4 (11wks) \$165 per term



### Playgroups - Facilitated (0 - 5 years)

**Kew:** Wed 12.30pm - 2pm 31/1 (ongoing); Fri 10am - 12pm 2/2 (ongoing)  
\$5.50 per session

### Playgroups - Parent Led (0 - 5 years)

Fun playgroup activities for children with their parents or carers.

**Hawthorn:** Fri 9.15am - 10.45am, 1pm - 2.30pm  
2/2 (10wks); 20/4 (10wks) \$63  
**Surrey Hills:** Thu 9.30am - 11.30am  
1/2 (9wks) \$45; 19/4 (11wks) \$55  
Fri 9.30am - 11.30am  
2/2 (8wks) \$40; 20/4 (11wks) \$55

### Playgroups - Structured (1 - 5 years)

Facilitator led playgroups to develop new skills through play, stories and music. Parents, grandparents and carers are encouraged to join in, make new friends and socialise in a relaxed environment.

**Canterbury:** Mon 9.30am - 11.30am  
5/2 (7wks) \$94.50; 16/4 (10wks) \$135  
Tue 9.30am - 11.30am  
6/2 (8wks) \$108; 17/4 (11wks) \$148.50

### Playgroup - Supported (0 - 5 years)

Our supported playgroup provides an opportunity for families who may need extra support to participate in a community playgroup in a welcoming and supportive environment.

Phone for details.  
**Hawthorn:** Fri 11am - 12.30pm  
2/2 (10wks); 20/4 (10wks) \$36

## Children and Teen Activities

### Art for Teens

Consolidate your technique with mixed media, with an experienced art tutor in our well-equipped art studio.

**Hawthorn:** Tue 4.30pm - 6pm  
30/1 (10wks); 17/4 (10wks) \$150

### Creative Dance Project

This contemporary dance project is aimed at 12 - 18yr olds. Students can express themselves through the art of movements and music. Open to all levels.

**Hawthorn:** Mon 6pm - 7.30pm  
29/1, (10wks) \$127

### Sewing for Teens (14 to 18 years)

Learn to set up your machine using different stitches. Go home with a groovy pair of pyjama pants. Lunch provided. Headspace, Hawthorn

**Bowen Street:** Thu 10am - 1pm  
12/4 (1 session) \$70

### VCE Y11 and Y12 French programs – refer to Languages and Literacy

### Youth Foundation Group

The Boroondara Youth Foundation is a Youth Grants program which aims to empower young people to plan and lead community projects that make a positive difference for young people in the community. Sponsored by the Canterbury, Ashburton, Surrey Hills and Balwyn Bendigo Community Banks, we support young people with grants of up to \$1500 to run a program or event in Boroondara.

Are you aged between 12 and 25 and live, school, work or play in the Boroondara district? Enquire about our grants to turn your idea into a reality!



Interested in getting involved in our community but not sure where to start? Come along to our next 'Changemakers Collective' youth networking event!

At school? Be part of our 'Changemakers@School' program and be a BYF Ambassador. Make new friends; learn skills in leadership, event management, community development, public speaking and the grant process.

W: [www.byf.org.au](http://www.byf.org.au)  
FB: [www.facebook.com/BoroondaraYouth](https://www.facebook.com/BoroondaraYouth)  
E: [enquiries@byf.org.au](mailto:enquiries@byf.org.au)  
Ph: 9885 7789

**Craig:** Meetings times vary

## Workshops and School Holiday Activities

### Creative Writing with Cath **NEW**

**Camberwell:** (8 - 13 years)  
Tue 10am - 12.30pm and 1.30pm - 4pm  
23/1 (1 session) \$45  
Wed 10am - 12.30pm and 1.30pm - 4pm  
24/1 (1 session) \$45

### Little Readers school readiness program

A literacy and numeracy program designed for pre-schoolers (3 - 5 year old) to assist them with successfully transitioning to school.

**Surrey Hills:** Wed 9.30am - 12pm  
24/1 and Thu 9.30am - 12pm  
25/1

Taking expressions of interest

## Community Activities

### Afghan Women's Group

Social meetings, cooking, information sessions and excursions for the Afghan female community.

**Craig:** Wed 11.30am - 1.30pm during term dates **FREE**

### Alamein Men's Shed

Located at Alamein railway station. Open to Boroondara men, all ages.

**Alamein:** Tue and Thu 9.15am - 12pm  
\$25 per term. Call for details

### Ashburton Adult Social Groups

Ace Space and A Crew provide opportunities for people with intellectual disabilities to increase confidence through independence and social inclusion in the local community. We have evening and weekend sessions to get involved in. Come join in, make some new friends and learn new stuff.

**Craig:** Tue 4pm - 7pm & Sat (times vary depending on the activity) \$50 term fee applies plus sessional cost of \$10. Fee assistance provided on request

### Bus Trips for Older Adults

For local residents 65+ (CHSP funded). Bookings essential.

**Alamein:** Wed 10am \$8 (ongoing)  
Contact Centre for details

### Charity Knitting Group

Knit to help others in need.

**Surrey Hills:** Mon 7pm - 9pm  
29/1; 16/4 (ongoing) **FREE**

### Chinese Activity Group

Recreational, educational and support activities for Chinese speaking community.

**Kew:** Tue 10am - 1pm from 18/7  
Call Reception **FREE**

### Community Library

Resource library of books on families, multiple birth, assorted topics child/health/rearing, nutrition, sleep, education, child development etc.

**Bowen Street:** Mon to Fri

### Cooking Club

Share cooking ideas from home-grown veggies to home-cooked meals.

**Alamein:** Contact Centre to express interest

### Crafternoon

Get together and join our student led craft circle. Bookings essential.

**Alamein:** Thu 1pm - 2.30pm  
22/3 (ongoing) Gold Coin donation

### Cultures Together

We match mentors with learners for English conversation practice.

**Kew:** Contact Reception **FREE**

### Dial a Shopping Bus

Service for older adults (CHSP funded). Pick up and drop off from your home in local area.

**Alamein:** Mon and Fri weekly  
\$3 Contact Centre for details

### Drop In Morning Tea

**Surrey Hills:** Mon 9.30am - 11.30am  
29/1; 16/4 (ongoing) \$3 per session

### Eastern Community Legal Service

Free legal advice and guidance on legal matters pertaining to family law, intervention orders, fines, motor vehicle accidents, minor criminal matters and neighbourhood disputes.

**Hawthorn:** 2nd Mon of month 1pm - 5pm  
Appointments essential

### The Edge Community Fund

A community volunteer group providing last resort funding for families to support children attend kindergarten, school camps, sporting clubs and activities the children may otherwise be unable to participate in. For details email: [edgefund@craigfc.org.au](mailto:edgefund@craigfc.org.au)

**Craig:** Mon and Thu 10am - 11am

### Get Organised – move from “I’m so busy” to a life that you love **NEW**

Perfect for busy mums trying to squeeze in work, kids’ commitments, etc.

**Bowen Street:** Wed 12.30pm - 2.30pm  
21/3 (1 session) \$20

### GOLD (Growing Older Living Dangerously)

GOLD Group is a social support and recreational group for women over 55 living in the City of Boroondara. Predominately self-directed - organising talks, excursions, sporting and social activities that address the interests of participants. Aims at promoting healthy lifestyles, social networking and friendship.

**Craig:** Every 2nd Thu 10.45am - 12.15pm (during term dates)

### Growing Together

Join the Growing Together Project, a community garden project held at the Ashburton Community Garden. Plant and harvest ingredients to make soups, salads, stir fries and more! **FREE**

**Craig:** Fri 10.30am - 12.30pm (ongoing)

### Harmony Day

Come and join the fun activities and morning tea.

**Alamein:** Tue 10am - 12pm  
20/3 Gold Coin donation

### Hearing Voices

A welcoming, supportive group for people who hear voices.

**Hawthorn:** 1st and 3rd Fri of month  
1pm - 3pm (ongoing) **FREE**

### Inclusive Communities Program (ICP)

A number of activities are offered for participants registered with either My Aged Care or NDIS. Please contact us for a confidential discussion about eligibility and program descriptions.

**Kew:** Mon to Thu Contact our ICP Coordinator

### Men’s Discussion Group

**Surrey Hills:** Fri 9.30am - 11.30am  
fortnightly 2/2; 13/4 \$4.50 per session

### Men’s OM:NI Group

A lively discussion group where men can chat, share their knowledge and experiences.

**Hawthorn:** 1st and 3rd Fri of month  
10am - 12pm Gold Coin donation

### Men’s Shed - “Q” Workshop

A place to work individually or to contribute to special projects around KNLC.

**Kew:** Mon 1pm - 3pm Wed 10am - 3pm  
Thu 10am - 1pm  
Annual membership fee \$25

### Need help finding the best electricity and gas deals **NEW**

How to save money, you might not even have to change provider: simply ask for a better deal!

**Bowen Street:** Mon 11am - 12pm  
9/4 (1 session) **FREE**

### Saving on Power **NEW**

Concerned about soaring energy bills? How to find the best deals.

**Bowen Street:** Mon 10am - 11am  
9/4 (1 session) **FREE**

### Senior Citizens Groups

Drop in to Chambly Hall, 405 Camberwell Road. Ring Centre for more details.

**Camberwell:** Multi-cultural meeting  
Mon 11am - 2pm

Greek Seniors Wed 10am - 2pm  
Italian Seniors Thu 1.30pm - 4.30pm

### Support Network for parents of children with disabilities

For parents of children with disabilities (just for parents). Time out to care for yourself.

**Bowen Street:** 3rd Mon of month  
10am - 12pm (ongoing) **FREE**

### Toy Decluttering **NEW**

Ways of letting go, deciding what to keep, sorting, organising and storing kids’ toys.

**Bowen Street:** Wed 12.30pm - 2.30pm  
7/3 (1 session) \$20

### Veggie Swap

Swap the excess from your garden.

**Balwyn:** 3rd Sun of month from  
9am - 10am 18/2, 18/3, 15/4, 20/5, 17/6

### Wardrobe Decluttering **NEW**

Workshop on organising your clothes and accessories.

**Bowen Street:** Wed 12.30pm - 2.30pm  
14/3 (1 session) \$20

### Wiser Driver

Designed to encourage older people to be better and wiser drivers, in a friendly setting.

**Bowen Street:** Wed 10am - 12pm  
6/6 (4wks) **FREE**

## Cooking

### Afghan Cookbook

Produced by the ladies of the Afghan Women’s Group, this cookbook shares the secrets of the Afghan Kitchen for you to enjoy at home.

**Craig:** \$10

### Cheese Making

Learn to make a variety of cheeses.

**Bowen Street:** Sat 10am - 4pm  
5/5 (1 session) \$90

### Cooking for a Dinner Party

**Balwyn:** Fri 10am - 3pm  
23/2 (1 session) \$110

### Cooking for a Vegetarian Dinner Party

**Balwyn:** Fri 10am - 3pm  
2/3 (1 session) \$100

### Cooking Small Eating Well Kitchen Demo

An ongoing fortnightly program for older people to explore new recipes and learn to cook for one or two people.

**Hawthorn:** Tue 1pm - 3pm  
30/1 (fortnightly) \$8 per session

### Kitchen to the World DVD

The Afghan Women’s Cooking Group share their culture and amazing cuisine in this short film.

**Craig:** \$9 incl. postage

### Preserves

**Balwyn:** Fri 10am - 3pm  
9/3 (1 session) \$80

### Sri Lankan Cooking Workshop

**Balwyn:** Tue 6pm - 9pm  
20/3 (1 session) \$60

## Visual Art

### Visual Art

Acrylic Painting

**Ashburton:** Mon 10.30am - 12.30pm  
5/2 (8wks) \$190; 16/4 (10wks) \$240  
**Surrey Hills:** Mon 1pm - 3pm  
29/1 (8wks) \$144; 16/4 (10wks) \$180

### The Art of Painting

A fun class where you will be encouraged to explore your imagination, creativity and unique style of expression by an experienced trained professional Artist

**Kew:** Wed 9am - 12pm  
7/2 (8wks) \$260; 18/4 (10wks) \$325

### Botanical Art

Create observational drawings and colour studies of various plant elements found in nature. Prerequisite: Must have basic drawing skills

**Kew:** Wed 1pm - 3pm  
7/2 (8wks); 18/4 (8wks) \$200

### Botanical Painting and Drawing

**Balwyn:** Wed 9.15am - 12.15pm 7/2 (8wks) \$255; 18/4 (9wks) \$287  
Wed 1.15pm - 3.45pm  
7/2 (8wks) \$213; 18/4 (9wks) \$239

### Chinese Watercolour

**Ashburton:** Wed 10am - 12pm  
7/2 (8wks) \$165; 18/4 (10wks) \$205

### The Clay Room **NEW**

Adult classes in ceramics, hand-building and wheel work. Daytime, after-hours as well as weekend sessions.

**Camberwell:** please phone Centre for details

### Decoupage

**Balwyn:** Mon 12.30pm - 2.30pm  
5/2 (7wks) \$156.50; 16/4 (9wks) \$200.50  
Thu 10am - 12pm  
8/2 (8wks) \$178.50; 19/4 (9wks) \$200.50

### Drawing

**Balwyn:** Tue 10am - 12pm  
6/2 (8wks) \$175; 17/4 (9wks) \$197  
Wed 10am - 12pm  
7/2 (8wks) \$175; 18/4 (9wks) \$197  
Thu 10am - 12pm 8/2 (8wks) \$175; 19/4 (9wks) \$197

**Camberwell:** Wed 1pm - 3pm  
7/2 (7wks) \$150; 2/5 (8wks) \$170  
Thurs 1pm - 3pm  
8/2 (7wks) \$150; 26/4 (8wks) \$170  
**Surrey Hills:** Tue 2.30pm - 4.30pm  
30/1 (9wks) \$162; 17/4 (11wks) \$198

### Drawing and Illustration

**Canterbury:** Tue 10am - 12pm  
6/2 (8wks); 24/4 (8wks) \$200

### Drawing and Thinking

**Ashburton:** Fri 10am - 12pm  
2/2 (8wks) \$150; 18/5 (7wks) \$135  
**Ashburton:** Fri 12.30pm - 2.30pm  
4/8 (8wks) \$150; 18/5 (7wks) \$135

### Drawing Workshop

**Balwyn:** Sun 10am - 4.30pm  
25/3 (1 session); 3/6 (1 session) \$150

### Floor Talks at Victorian Galleries with Catherine Bainbridge

Talks last for 1 to 1.5 hours, and will be held at different galleries in and around Melbourne. Contact Catherine for further details - 9421 3450.

**Ashburton:** Fri 12.45pm for a 1pm start,  
23/3; 25/5, \$35 per session  
(plus gallery entry fee).

### Floral Art

**Ashburton:** please contact for details

### Introduction to Contemporary Floristry

**Ashburton:** Tue 10.30am - 12.30pm  
5/6 (4wks) \$185  
**Ashburton:** Thu 4pm - 6pm  
15/2 (4wks); 19/4 (4wks) \$185

### Kokedama Balls

Learn the Japanese practice of binding plants into mini hanging works of art.

**Alamein:** Sat 2pm - 4.30pm  
26/5 (1 session) \$55

### Life Drawing

**Ashburton:** Sat 10am - 12pm 3/2 (8wks) \$200; 21/4 (10wks) \$250

### Mandalas

Including mats \$8 per week  
**Camberwell:** Fri 9.30am - 12.30pm  
9/2 (7wks) \$300; 20/4 (8wks) \$336  
Fri 1pm - 3pm  
9/2 (7wks) \$223; 20/4 (8wks) \$254

### Mixed Mediums (Friday Painters)

Long running art group that work in a studio atmosphere on their own projects.

**Camberwell:** Fri 9.30am - 12.30pm  
9/2 (7wks) \$215; 20/4 (10wks) \$305  
Fri 1pm - 4pm  
9/2 (6wks) \$185; 20/4 (8wks) \$245



### Mosaics

Create beautiful art work from tiles and ceramics. BYO tiles.

**Alamein:** Fri 1pm - 3pm  
16/2 (6wks) \$114/\$108; 4/5 (8wks) \$150/\$140

### Transparent Glass Mosaic Workshop

**Ashburton:** please contact for details.

### Nature in Art

Specific watercolour techniques to illustrate the natural world. All Levels.

**Canterbury:** Mon 9.30am - 12pm or  
12.30pm - 3pm  
5/2 (7wks) \$189; 16/4 (8wks) \$216

### Oil Painting

**Balwyn:** Fri 10am - 12pm  
9/2 (7wks) \$153; 20/4 (9wks) \$197

### Painting for Pleasure

**Balwyn:** Tue 1pm - 3pm  
6/2 (8wks) \$175; 17/4 (9wks) \$197  
Thu 1pm - 3pm  
8/2 (8wks) \$175; 19/4 (9wks) \$197

### Pastel Painting

**Balwyn:** Tue 1.30pm - 3.30pm  
6/2 (8wks) \$175; 17/4 (9wks) \$197  
**Camberwell:** Tue 10am - 12pm  
6/2 (8wks) \$170; 1/5 (8wks) \$170

### Pergamano (Parchment) Workgroup

**Balwyn:** Tue 1pm - 3pm (ongoing)  
\$5.50 per session

### Pottery for Beginners **NEW**

**Ashburton:** Tue 11.30am - 12.15pm  
13/2 (6wks); 17/4 (6wks) \$180

### Watercolour Painting

**Ashburton:** Mon 1pm - 3pm Experienced  
29/1 (8wks); 16/4 (8wks) \$145  
**Balwyn:** Mon 10am - 12pm  
5/2 (7wks) \$153; 16/4 (9wks) \$197  
Mon 1pm - 3pm  
5/2 (7wks) \$153; 16/4 (9wks) \$197  
Wed 1pm - 3pm  
7/2 (7wks) \$153; 18/4 (9wks) \$197  
Thu 10am - 12pm  
8/2 (8wks) \$175; 19/4 (9wks) \$197  
Thu 7.30pm - 9.30pm  
8/2 (8wks) \$175; 19/4 (9wks) \$197  
Fri 10am - 12pm  
9/2 (7wks) \$153; 20/4 (9wks) \$197  
**Camberwell:** Mon 10am - 12pm  
5/2 (7wks) \$150; 23/4 (8wks) \$170  
Tue 1pm - 3pm  
6/2 (8wks); 1/5 (8wks) \$170  
Wed 10am - 12pm  
31/1 (9wks) \$190; 18/4 (10wks) \$215  
Thu 10am - 12pm  
8/2 (7wks) \$150; 26/4 (8wks) \$170  
Thu 7pm - 9pm  
8/2 (7wks) \$150; 26/4 (8wks) \$170  
Sat 1.30pm - 3.30pm  
10/2 (7wks) \$150; 28/4 (8wks) \$170





**Canterbury:** Tue 9.30am - 11.30am  
6/2 (8wks); 24/4 (8wks) \$200  
Tue 12.45pm - 2.45pm  
6/2 (8wks); 24/4 (8wks) \$200  
**Surrey Hills:** Wed 10am - 12pm  
31/1 (9wks) \$162; 18/4 (10wks) \$180  
Wed 1pm - 3pm  
31/1 (9wks) \$162; 18/4 (10wks) \$180

### Watercolour Painting & Mixed Media

**Ashburton:** Tue 1pm - 3pm  
Beginner/Experienced  
16/2 (8wks) \$145; 17/4 (11wks) \$195

## Textiles, Jewellery and Furniture

### Ashy Sewing Lounge **NEW**

Sew quick, practical, uncomplicated items with a local group of mums. BYO sewing machine - all levels welcome.

**Ashburton:** Sun 10am - 12pm fortnightly  
11/2 (ongoing) \$10 per session  
Thu 7pm - 9pm fortnightly  
15/2 (ongoing) \$10 per session

### Bobbin Lace

**Ashburton:** Tue 1pm - 3pm  
6/2 (8wks) \$150; 17/4 (10wks) \$185

### Felted Baby Booties or a Purse

Learn how to make a felted baby booties or a purse.

**Balwyn:** Sun 1pm - 4pm 6/5 \$60

### Felted Chook Tea-Cosie

Learn now to make a felted tea-cosie.

**Balwyn:** Sun 10.30am - 4pm 18/3 \$90

### French Polishing and Furniture Restoration

**Balwyn:** Wed 12.30pm - 3.30pm  
7/2 (8wks) \$262; 18/4 (9wks) \$294  
Thu 9.15am - 11.45am  
8/2 (8wks) \$219; 19/4 (9wks) \$246  
Thu 12.30pm - 3.30pm 8/2 (8wks) \$262;  
19/4 (9wks) \$294  
Thu 7.30pm - 9.30pm  
8/2 (8wks) \$178; 19/4 (9wks) \$199

### Jewellery and Sewing Workshop

Join us in this class to learn how to make your very own jewellery and matching zip bag to store it in. No sewing experience required.

**Surrey Hills:** Fri 7pm - 9.30pm  
2/3 (1 session) \$70/\$60 SHNC members

### Knit and Crochet with Instructor

**Balwyn:** Thu 1pm - 3pm (ongoing)  
\$10 per session

### Nuno Scarf

Learn how to nuno-felt a thin silk scarf.

**Balwyn:** Sun 17 Jun 1pm - 4pm  
(1 session) \$60

### Patchwork and Quilting Group

**Ashburton:** Thu 1pm - 3pm  
1/2 (ongoing) \$5 per session

### Learn to use your Sewing Machine

Learn how to thread your machine, wind the bobbin, and more. Lunch provided.

**Bowen Street:** Fri 9.30am - 12pm  
9/2 (1 session); 20/4 (1 session) \$50

### Sewing for Beginners

Learn basic techniques - understanding your pattern, fabric selection, cutting correctly, and more.

**Bowen Street:** Fri 9.30am - 12pm  
16/2 (6wks); 27/4 (6wks) \$230

### Sewing Class Intermediate

Learn professional techniques and finishes to take you to the next level.

**Bowen Street:** Fri 12.30pm - 3pm  
16/2 (6wks) \$232; 20/4 (8wks) \$310

### Sewing Studio **NEW**

Work on a sewing project of your choice and learn professional techniques and finishes. Basic sewing skills required.

**Bowen Street:** Tue 6.30pm - 9pm  
13/2 (6wks); 1/5 (6wks) \$270

### Spinners and Knitters Group

**Ashburton:** 2nd and 4th Wed of the month 1pm - 3pm 14/2 (ongoing)  
\$5 per session

### Stitch and Chat

**Camberwell:** Thu 10.30am - 12.30pm  
(ongoing) \$5 per session

**Surrey Hills:** Mon fortnightly  
1.30pm - 3.30pm  
12/2 (4wks); 23/4 (5wks) \$4.50 per session

### Tapestry Workgroup

**Balwyn:** Tue 10am - 12pm (ongoing)  
\$5.50 per session

### Upholstery and Soft Furnishing

Reinvigorate that old piece of furniture or create cushions and soft furnishings.

**Canterbury:** Tue 9.45am - 12.45pm or  
12.45pm - 3.45pm  
6/2 (8wks) \$240; 24/4 (9wks) \$270

## In the Garden

### Ashburton Seed Swap & Coffee Grounds

Visit our seed swap table or collect spent coffee grounds for your garden.

**Ashburton:** Weekdays 9am - 2.30pm

### Garden design workshop

This workshop is an introduction to garden design and provides a step by step guide to designing your own garden. Participants are encouraged to share their own design issues as part of the class discussion.

**Surrey Hills:** Sunday 10am - 12pm  
4/3 (1 session) **FREE**

### Horticulture

This introductory pre-accredited course is a pathway to future study or employment and covers plant cultivation, pruning and pest management.

**Kew:** Tue 1pm - 4pm  
6/2 (8wks) \$135; 17/4 (11wks) \$190

### Landscape Gardening

Dianne Beddison, passionate home gardener (UoM 2011 Garden Design). This introductory seminar covers the step-by-step process of designing your own garden. Participant input encouraged.

**Bowen Street:** Wed 7pm - 8.30pm  
14/3 (1 session) **FREE**

### Terrarium Workshop **NEW**

A practical workshop with a qualified horticulturist.

**Ashburton:** Wed 10am - 12pm  
21/2 (1 session) \$70

# Health and Wellbeing

## Active Living 60 Plus

**Surrey Hills:** Mon 8.45am - 9.45am  
29/2 (8wks) \$128; 16/4 (10wks) \$160

## Ageless Grace

A chair-based body and brain exercise program done to uplifting music.

**Ashburton:** Thu 10am - 10.45am  
8/2 (8wks); 19/4 (8wks) \$110

**Surrey Hills:** Mon 10am - 10.45am  
29/2 (8wks) \$128; 16/4 (10wks) \$160

## Balance Back to Exercise

Work in small groups for strength and resistance training.

**Kew:** Tue 11.15am - 12.15pm  
6/2 (8wks) \$135; 17/4 (11wks) \$185

## Balance Back to Exercise (50+)

Especially for people returning to exercise.

**Balwyn:** Wed 1.30pm - 2.30pm  
7/2 (8wks) \$122.50; 18/4 (10wks) \$152.50

Wed 2.30pm - 3.30pm  
7/2 (8wks) \$122.50; 18/4 (10wks) \$152.50

## Bike Riding Groups

**Surrey Hills:** Mon Tue Wed and Thu mornings (ongoing) **FREE**

## Buff Bones for Osteoporosis

Pilates based full body workout for bone strengthening and balance, integrating Pilates with strength training, functional and rehabilitative exercises. Safe for osteoporosis.

**Canterbury:** Mon 9.30am - 10.30am or 10.45am - 11.45am  
29/1 (8wks) \$128; 16/4 (10wks) \$160

## Exercise to Music Classes (50+)

**Ashburton:** Mon 11.30am - 12.30pm  
5/2 (ongoing) \$7 per class

Tue 9.30am - 10.30am  
6/2 (ongoing) \$7 per class  
Fri 9.30am - 10.30am  
9/2 (ongoing) \$7 per class

## Fit for You - Early Morning Sessions

**Balwyn:** Tue 6.15am - 7am  
6/2 (8wks) \$93; 17/4 (10wks) \$115  
Thu 6.15am - 7am  
8/2 (8wks) \$93; 19/4 (10wks) \$115

## Fun Fitness for Body and Brain

A chair-based body and brain exercise program done to uplifting music.

**Canterbury:** Fri 10am - 11am  
2/2 (8wks) \$104; 20/4 (11wks) \$143

## Hi/Lo Exercise

**Balwyn:** Thu 9.15am - 10.15am  
8/2 (8wks) \$122.50  
19/4 (11wks) \$167.50

## Keep Fit (Strength and Conditioning)

**Ashburton:** Tue 10.45am - 11.45am  
6/2 (ongoing) \$7 per class  
Fri 10.45am - 11.45am  
9/2 (ongoing) \$7 per class

## Laughter Club

**Surrey Hills:** Wed 8.30am - 8.50am  
31/1; 18/4 (ongoing) **FREE**

## Lisa's Class for the Young at Heart

A lively dynamic class for the 'young at heart', light cardio, strength, balance and stretching.

**Kew:** Mon 11.30am - 12.30pm  
5/2 (7wks) \$120; 16/4 (10wks) \$170

## Meditation

**Ashburton:** Wed 1.30pm - 2.30pm  
21/2 (6wks); 9/5 (6wks) \$100  
**Balwyn:** Wed 7.30pm - 8.30pm 7/2 (10wks) \$152.50; 18/4 (11wks) \$167.50

## Meditation and Guided Relaxation

**Alamein:** Thu 5.45pm - 6.45pm  
8/2 (8wks) \$100; 26/4 (10wks) \$125

## Mindful Meditation

Reduce stress and anxiety in your day to day. Mindful meditation is a way to pause and pay attention in our lives. Allowing us to be less reactive, calmer and more present.

**Craig:** 2nd Tue of month 7.30pm - 8.30pm  
Bookings essential \$15 per session

## Mindfulness

Join our teacher Santosh, a Registered Meditation Teacher with the Meditation Association of Australia on this course which includes the theory and practical application of mindfulness.

**Hawthorn:** Wed 6pm - 8pm  
7/2 (4wks) \$107

## Nordic Walking

**Ashburton:** Call for details

## Pilates

Control, precision, movement, balance and concentration; a mind body workout.

**Alamein:** Tue 6.20pm - 7.20pm  
23/1 (2wks) \$25; 6/2 (8wks) \$100  
10/4 (2wks) \$25; 24/4 (10wks) \$125  
Tue 7.30pm - 8.30pm  
6/2 (8wks) \$100; 24/4 (10wks) \$125

**Balwyn:** Tue 9.15am - 10.15am  
6/2 (8wks) \$122.50  
17/4 (10wks) \$152.50

**Camberwell:** Thu 5.45pm - 6.30pm  
8/2 (7wks) \$110; 26/4 (10wks) \$155

**Hawthorn:** Mon 8.30am - 9.30am, 9.45am - 10.45am, 12pm - 1pm  
29/1 (10wks) \$80  
Tue 8.30am - 9.30am  
30/1, 16/4 (10wks) \$80  
Thu 8.30am - 9.30am, 9.30am - 10.30am  
1/2, 19/4 (10wks) \$80  
Fri 9am - 10am, 10am - 11am  
2/2, 20/4 (10wks) \$80

**Surrey Hills:** Mon 10am - 11am  
29/1 (8wks) \$128; 16/4 (10wks) \$160  
Thu 6pm - 7pm  
1/2 (9wks) \$144; 19/4 (11wks) \$176

## Qigong

A simpler form of Tai Chi with low impact meditative exercises.

**Camberwell:** Tue 8am - 9am  
6/2 (7wks) \$84; 24/4 (10wks) \$120  
**Surrey Hills:** Wed 10am - 11.15am  
31/1; 18/4 (ongoing) \$8 per session

## Relax, Breath, Meditate

Let go of stresses, bring relaxation and clarity into your life. This class helps release tension, bring calm and optimise health and well-being.

**Canterbury:** Tue 10.45am - 11.45am  
6/2 (9wks) \$117; 17/4 (11wks) \$143

## Your Healthy Spine

**Ashburton:** Wed 12pm - 1.30pm  
7/2 (8wks) \$140; 18/4 (10wks) \$175  
Thu 7.30pm - 9pm  
8/2 (8wks) \$140; 19/4 (9wks) \$175

## Strength & Balance

Gentle, chair-based exercise for older people.

**Hawthorn:** Mon 11am - 12pm  
29/1; 16/4 (10wks) \$70  
Wed 9.15am - 10.15am  
31/1; 18/4 (10wks) \$70

## Strength Training

Facilitated by YMCA instructors: exercise core muscles using weights. Medical clearance certificate required from GP.

**Surrey Hills:** Mon Wed and Fri 8.15am - 9.15am; Tue 8.30am - 9.30am; Tue and Thu 7.15pm - 8.15pm; Tue and Fri 12.30pm - 1.30pm  
\$5 per class (over 65years), \$7 per class (under 65years) (ongoing) Paid by term

## (Check out the Arts for more ways of looking after your health and wellbeing!)

### Stretch & Tone **NEW**

**Camberwell:** Thu 7am - 8am  
8/2 (8wks); 3/5 (8wks) \$124

### Table Tennis

**Ashburton:** Mon 2pm - 4pm  
5/2 (ongoing) \$5 per session

Social table tennis.

**Surrey Hills:** Thu 1.30pm - 3pm  
1/2; 19/4 (ongoing) \$4.50 per session

### Tai Chi

**Camberwell:** Thu 7.45am - 8.45am  
Thu 9am - 10am, Thu 10am - 11am, Thu  
11am - 12pm

8/2 (7wks) \$84; 26/4 (10wks) \$120

**Hawthorn:** Thu 10.35am - 11.35am,  
11.35am - 12.35pm

1/2 (10wks); 19/4 (10wks) \$70

### Tai Chi/Qi Gong

**Balwyn:** Tue 10.30am - 11.30am  
6/2 (8wks) \$123; 17/4 (11wks) \$167.50

**Surrey Hills:** Tue Thu and  
Fri 8.15am - 9am (ongoing)

\$25/single weekly session or  
\$45/multiple weekly sessions

### Tango - Argentinian

Tango is loved for its beauty, passion,  
drama and excitement. Thinking of  
learning to dance Argentinian Tango? ...  
There is no such thing as two left feet -  
if you can walk, you can learn!  
Start with our classes for beginners  
and go from there.

**Hawthorn:** Wed 6.30pm - 8pm  
31/1 (10wks) \$150

### Tango - Social **NEW**

**Camberwell:** Tue 6.30pm - 8pm  
6/2 (8wks); 1/5 (8wks) \$200

### Tennis/Court Hire

**Balwyn:** Annual membership of \$170  
allows extended access and weekends.  
Casual Court Hire: Mon to Fri 9am - 4pm  
\$10 per hour

### Walking Groups

**Ashburton:** Wed 10am - 11am  
31/1 (ongoing) \$1 per session

**Camberwell:** Tue 9.30am - 10.30am

23/1 (ongoing) **FREE**

Wed 9.30am - 10.30am

24/1 (ongoing) **FREE**

Thu 9.30am - 10.30am

25/1 (ongoing) **FREE**

**Canterbury:** Thu 9.30am

1/2; 18/4 (ongoing) **FREE** with  
membership

**Hawthorn:** Fri 10am - 11.30am  
(ongoing) \$2 per session

**Surrey Hills:** Mon 9am - 10.30am

29/1; 16/4 (ongoing) **FREE**

Fri 8am - 9.30am 2/2 (ongoing) **FREE**

Fri 8.30am - 10am 20/4 (ongoing) **FREE**

### Women's Only Swimming

At **Ashburton** YMCA. Phone for details

**Craig:** 1st and 3rd Sun evening of each  
month 8pm - 10pm

### Yoga

**Ashburton:** Beginners

Tue 10.45am - 11.45am

20/2 (6wks); 15/5 (6wks) \$95

**Balwyn:** Mon 9.30am - 10.30am

5/2 (7wks) \$107.50

16/4 (10wks) \$152.50

Thu 7pm - 8pm

8/2 (8wks) \$122.50

19/4 (11wks) \$167.50

Fri 6.15am - 7.30am

9/2 (7wks) \$107.50

20/4 (11wks) \$167.50

**Bowen Street:** Wed 6.30pm - 7.30pm

31/1 Contact Katy Plymin 0418 537 845

Casual \$18, Concession \$16

**Camberwell:** Mon 6.30pm - 7.45pm  
and 7.45pm - 9pm

5/2 (7wks) \$110; 16/4 (10wks) \$155

Tue 9.15am - 10.30am and

10.30am - 11.45am

6/2 (8wks) \$125; 24/4 (10wks) \$155

Thu 6.30pm - 7.45pm and

7.45pm - 9pm

8/2 (7wks) \$110; 26/4 (10wks) \$155

Fri 9.15am - 10.30am and

10.30am - 11.45am

9/2 (7wks) \$110; 27/4 (10wks) \$155

**Canterbury:** Tue 9.30am - 10.30am

30/1 (9wks) \$117; 17/4 (11wks) \$143

**Craig:** Wed 7.30pm - 8.30pm

Casual \$10 per session

**Surrey Hills:** Mon 7.30pm - 8.30pm

29/1 (8wks) \$128; 16/4 (10wks) \$160

Wed 5.45pm - 6.45pm

31/1 (9wks) \$144; 18/4 (10wks) \$160

Thu 9.30am - 10.30am

1/2 (8wks) \$128; 19/4 (10wks) \$160

### Yoga: Chair Based

**Balwyn:** Mon 10.45am - 11.45am

5/2 (7wks) \$107.50

16/4 (10wks) \$152.50

### Yoga: Continuing

**Alamein:** Mon 7pm - 8pm

5/2 (7wks) \$88; 23/4 (9wks) \$113

**Ashburton:** Mon 9.30am - 10.30am

5/2 (7wks) \$110; 16/4 (10wks) \$155

**Ashburton:** Tue 9.30am - 10.30am

6/2 (8wks) \$125; 17/4 (11wks) \$170

### Yoga: Express

50 minutes of Vinyasa.

**Alamein:** Thu 11.10am - 12pm

15/2 (7wks) \$77; 26/4 (10wks) \$110

### Yoga Flow **NEW**

**Camberwell:** Wed 7.15am - 8.15am

7/2 (8wks); 2/5 (8wks) \$140

### Yoga: Gentle

Enjoy the benefits of hatha yoga.

Ranging from beginner to experienced.

**Alamein:** Mon 5.45pm - 6.45pm

5/2 (7wks) \$88; 23/4 (9wks) \$113

### Yoga: Yin style

Gentle Yin style yoga at a slow pace.

**Camberwell: NEW** Mon 5.15pm - 6.30pm

6/2 (8wks); 1/5 (8wks) \$124

**Hawthorn:** Thu 6pm - 7pm, 1/2 (10wks);

19/4 (10wks) \$128

### Yoga with Meditation, Pranayama and Relaxation Techniques

**Alamein:** Thu 9.30am - 11am

18/1 (2wks) \$38; 1/2 (9wks) \$170; 12/4

(2wks) \$38; 26/4 (10wks) \$188

### Yoga and Pilates Combo

**Ashburton:** Tue 2pm - 3pm

6/2 (8wks) \$120; 17/4 (11wks) \$165

(Casual \$15 per class)

### Yoga: Vinyasa

Vinyasa movements are smoothly flowing  
and almost dance-like.

**Hawthorn:** Thu 7.05pm - 8.05pm

1/2 (10wks); 19/4 (10wks) \$128

### Zumba

**Camberwell:** Thu 6pm - 7pm

8/2 (7wks) \$85; 26/4 (10wks) \$120

**Hawthorn:** Thu 1pm - 2pm

1/2 (10wks); 19/4 (10wks) \$103

### Zumba Gold

For active, older adults

**Balwyn:** Wed 6.30pm - 7.15pm

7/2 (8wks) \$93; 18/4 (10wks) \$115



# Languages

## English

### Basic Literacy and Numeracy

Contact centre for interview and cost.

**Alamein:** Mon 9.30am - 12pm  
5/2 (ongoing)

### Effective Writing for English as an Additional Language

Improve writing skills for citizenship language test, further studies and employment purposes

**Kew:** Wed 1pm - 4pm  
7/2 (8wks); 18/4 (10wks)  
Permanent resident: \$60 per term  
Non-resident \$160 per term

### English as an Additional Language - Beginners, Intermediate & Advanced

ACFE Program. Practise speaking, listening, reading and writing in English. Contact Reception for details.

**Kew:** Mon & Wed commences  
5/2 (8wks); 16/4 (11wks)  
Permanent residents: \$60 per term  
Non-residents \$260 per term

### English Communication Skills (Pre-intermediate English)

Contact centre for interview and cost.

**Alamein:** Tue 9.30am - 12pm  
6/2 (ongoing)

### English Language Skills in the Office (Intermediate English and above)

Includes teamwork, customer service, reception and more.

**Alamein:** Fri 12.30pm - 3pm  
11/5 (8wks)

### English for Work and Study (Upper-intermediate English)

Contact centre for interview and cost.

**Alamein:** Wed 9.30am - 12pm  
7/2 (ongoing)

### Language and iPad Activity Group

For older people to practice their English while learning to use an iPad.

**Hawthorn:** Wed 1pm - 3pm  
31/1 (10wks) \$30; 18/4 (10wks) \$35

### Literacy and ESL through Computers

Contact centre for interview and course cost.

**Alamein:** Fri 9.30am - 12pm 9/2 (ongoing)

### Living English (Beginners English)

Contact centre for interview and cost.

**Alamein:** Tue 12.30pm - 3pm 6/2 (ongoing)

The following Centres have small group classes where students can develop their conversation, grammar, and comprehension of the French, German, Italian, Mandarin or Spanish language.

Classes range from absolute beginners through to advanced, and some classes are continuing. For any foreign language class enquiry, please contact the Centres directly.

## French

### French for Students (VCE Year 12)

**Balwyn:** Wed 4pm - 5.30pm  
7/2 (8wks); 18/4 (8wks) \$134  
Prepare for exams in a small group with individual attention and lots of practice.  
**Canterbury:** Mon 4.30pm - 6pm  
5/2 (7wks) \$168; 23/4 (9wks) \$180

### Travellers/Conversation

A practical class for travellers and beginners.

**Ashburton:** Mon 9.30am - 11.30am  
5/2 (7wks) \$160; 16/4 (10wks) \$225  
An informal conversation class.  
Ring to book.

**Bowen Street:** Thu 10am - 11.30am  
1/2 (ongoing) Gold Coin donation  
An informal conversation class for those with a little or no prior experience  
**Canterbury:** Fri 10.30am - 12.30pm  
2/2 (8wks) \$184; 27/4 (9wks) \$207

### Beginners

Absolute beginners up to 12-months' experience

**Canterwell:** Mon 3pm - 5pm  
5/2 (7wks) \$155; 23/4 (8wks) \$175  
**Canterbury:** Fri 1pm - 3pm  
2/2 (8wks) \$184; 27/4 (9wks) \$207  
Tue 1.15pm - 3.15pm  
6/2 (8wks) \$184; 24/4 (9wks) \$207  
**Hawthorn:** Fri 9.30am - 11.30am  
2/1 (10wks); 20/4 (10wks) \$144  
**Kew:** Tue 7.30pm - 9.30pm  
6/2 (8wks) \$175; 17/4 (11wks) \$240

### Intermediate

Ranges from one to three years' experience

**Ashburton:** Fri 10.30am - 12.30pm  
16/2 (6wks) \$135; 20/4 (10wks) \$225  
**Balwyn:** Thu 1pm - 3pm 8/2 (8wks) \$178;  
19/4 (9wks) \$200  
Wed 7pm - 9pm  
7/2 (8wks) \$178; 18/4 (9wks) \$200  
Wed 1pm - 3pm  
7/2 (8wks) \$178; 18/4 (9wks) \$200  
Thu 7pm - 9pm  
8/2 (8wks) \$178; 19/4 (9wks) \$200  
**Canterwell:** Mon 10am - 12pm  
5/2 (7wks) \$155; 23/4 (8wks) \$175  
Mon 1pm - 3pm  
5/2 (7wks) \$155; 23/4 (8wks) \$175  
Mon 7pm - 9pm  
5/2 (7wks) \$155; 23/4 (8wks) \$175  
**Canterbury:** Mon 1pm - 3pm  
5/2 (8wks) \$184; 23/4 (9wks) \$207  
Mon 7pm - 9pm  
5/2 (8wks) \$184; 23/4 (9wks) \$207

### Advanced

Three years plus experience

**Balwyn:** Wed 10am - 12pm  
7/2 (8wks) \$178; 18/4 (9wks) \$200  
Thu 10am - 12pm  
8/2 (8wks) \$178; 19/4 (9wks) \$200  
**Canterwell:** Mon 1pm - 3pm  
5/2 (7wks) \$155; 23/4 (8wks) \$175  
Thu 10am - 12pm  
1/2 (9wks) \$195; 26/4 (9wks) \$196  
**Canterbury:** Mon 10.30am - 12.30pm  
5/2 (8wks) \$184; 23/4 (9wks) \$207

## German

### Beginners

Absolute beginners up to 12-months' experience

**Canterwell:** Sat 10am - 12pm  
10/2 (7wks) \$155; 28/4 (8wks) \$175  
Tue 10am - 12pm  
13/2 (7wks) \$155; 1/5 (8wks) \$175

### Intermediate

Ranges from one to three years' experience

**Balwyn:** Wed 7pm - 9pm  
7/2 (8wks) \$178; 18/4 (9wks) \$200  
**Canterwell:** Tue 7pm - 9pm  
6/2 (8wks) \$175; 1/5 (8wks) \$175  
**Hawthorn:** Wed 9.15am - 11am  
31/1; 18/4 (10wks) \$129

## Italian

### Travellers/Conversation

**Balwyn:** Mon 7.30pm - 9pm  
5/2 (7wks) \$118; 16/4 (9wks) \$151  
An informal conversation class.  
**Bowen Street:** Thu 2pm - 3.30pm  
1/2 (ongoing) Gold Coin donation  
**Canterbury:** Thu 9.45am - 11.45am  
8/2 (8wks) \$184; 26/4 (9wks) \$207  
Thu 12.30pm - 2.30pm  
8/2 (8wks) \$184; 26/4 (9wks) \$207

### Beginners

Absolute beginners through to 12 months' experience  
**Bowen Street:** Tue 1.30pm - 3pm  
30/1 (9wks) \$162; 17/4 (10wks) \$180

### Intermediate

Ranges from one to three years' experience

**Ashburton:** Mon 1pm - 2.30pm  
5/2 (7wks) \$145; 16/4 (8wks) \$165  
**Balwyn:** Fri 9.15am - 11.15am  
9/2 (7wks) \$156; 20/4 (9wks) \$200  
Fri 11.30am - 1pm  
9/2 (7wks) \$118; 20/4 (9wks) \$151  
Mon 1pm - 3pm  
5/2 (7wks) \$156; 16/4 (9wks) \$200

# General Interest

**Bowen Street:** Tue 11.30am - 1pm  
30/1 (9wks) \$162; 17/4 (10wks) \$180  
**Canterbury:** Wed 12.45pm - 2.45pm  
7/2 (8wks) \$184; 25/4 (9wks) \$207  
Wed 3pm - 5pm  
7/2 (8wks) \$184; 25/4 (9wks) \$207  
Thu 12.20pm - 2.20pm  
8/2 (8wks) \$184; 26/4 (9wks) \$207

## Advanced

Three years plus experience  
**Balwyn:** Fri 1.30pm - 3pm  
9/2 (7wks) \$118; 20/4 (9wks) \$151  
**Bowen Street:** Tue 10am - 11.30am  
30/1 (9wks) \$162; 17/4 (10wks) \$180  
**Canterbury:** (with conversational emphasis) Wed 9.30am - 11.30am  
7/2 (8wks) \$184; 18/4 (9wks) \$207  
Thu 10am - 12pm  
2/2 (8wks) \$184; 20/4 (9wks) \$207

## Mandarin

### Beginners

Absolute beginners up to 12-months' experience  
**Canterbury:** Mon 7pm - 8.30pm  
5/2 (8wks) \$168; 23/4 (9wks) \$189

## Spanish

### Conversation

An informal conversation class. Ring to book.  
**Bowen Street:** Thu 12pm - 1.30pm  
1/2 (ongoing) Gold Coin donation

### Travellers/Conversation

Travelling to a Spanish-speaking country?  
Wanting to learn another language?  
**Bowen Street: NEW** Wed 10am - 12pm  
7/2 (8wks) \$152  
An informal conversation class for those with no prior experience  
**Canterbury:** Tue 1pm - 3pm  
6/2 (8wks) \$184; 24/4 (9wks) \$207

### Beginners

Absolute beginners up to 12-months' experience  
**Camberwell: NEW** Thu 7pm - 9pm  
8/2 (7wks) \$155; 26/4 (8wks) \$175  
**Canterbury:** Mon 1pm - 3pm  
5/2 (8wks) \$184; 23/4 (9wks) \$207

### Intermediate

Ranges from one to three years' experience  
**Canterbury:** Mon 10.30am - 12.30pm  
5/2 (8wks) \$184; 23/4 (9wks) \$207

## Book groups, Cards and Games

### 500 Social Cards

**Camberwell:** Fri 1pm - 3pm  
(ongoing) \$2 per session

### Book Groups

**Ashburton:** 1st Thu of month  
7.30pm - 9.30pm  
1/2 (ongoing) \$5 per session  
**Balwyn:** 2nd Wed of month 1pm - 3pm  
(ongoing) \$5.50 per session  
**Camberwell:** 3rd Mon of month  
1.30pm - 3pm (ongoing) \$5 per session  
**Kew:** Last Thu of month 12.30pm - 2pm  
Contact Centre for details.  
Gold Coin donation  
**Surrey Hills:** 4th Tue 7pm - 8.30pm  
27/2; 24/4 (ongoing) \$4.50 per session

### CAE Book Groups

**Ashburton:** 1st Thu of month 2pm - 4pm  
1/2 (ongoing) \$5 per session  
**Balwyn:** 3rd Wed of month 1pm - 3pm  
(ongoing) \$5.50 per session

### Bridge

Intermediate to advanced players, duplicate games, partners required.  
**Balwyn:** Tue Thu and Sat 12pm - 4pm  
(ongoing) \$5.50 per session  
**Camberwell:** Wed 12pm - 3pm  
(ongoing) \$5 per session

### Cryptic Crosswords

**Ashburton:** Mon 10.30am - 11.30am  
5/2 (4wks); 16/4 (4wks) \$20

### Learn to Play Mah-jong

**Ashburton:** Fri 12.30pm - 3.30pm  
2/2 (4wks) \$20. Call for details

### Mah-jong (Western)

**Ashburton:** Fri 12.30pm - 4pm  
2/2 (ongoing) \$5 per session  
**Camberwell:** Thu 1pm - 4pm  
(ongoing) \$5 per session  
**Kew:** Fri 10am - 12pm  
9/2 (7wks); 20/4 (11wks)  
\$2.50 per session  
**Surrey Hills:** Fri 1.30pm - 4pm  
1/2; 20/4 (ongoing) \$4.50 per session

### Scrabble

**Balwyn:** Mon 12pm - 4.30pm (ongoing)  
\$5.50 per session  
**Surrey Hills:** 1st 3rd 5th Tue 1pm - 4pm  
30/1; 17/4 (ongoing) \$4.50 per session

### Solo

**Balwyn:** Wed 6.30pm - 10pm (ongoing)  
\$5.50 per session  
Fri 9am - 12pm (ongoing)  
\$5.50 per session  
**Camberwell:** Tue 12.30pm - 3.30pm  
(ongoing) \$5 per session

### Supervised Solo

**Camberwell:** Wed 9.30am - 11.30am  
(ongoing) \$7 per session

## General Interest

### Declutter and Downsize Your House

**Balwyn:** Tue 6.30pm - 9pm  
6/3 (1 session) \$45

### Declutter your Life! **NEW**

**Ashburton:** Tue 7pm - 9pm  
20/2 (1 session) \$20

### Declutter your Wardrobe **NEW**

**Ashburton:** Wed 7pm - 9pm  
2/5 (1 session) \$20

### Florins

A women's social group meet fortnightly to chat and enjoy excursions.  
**Surrey Hills:** Thu 2pm - 4pm  
8/2; 26/4 \$4.50 per session

### Historic Williamstown Walking Tour

Discover the richness and diverse history of this vibrant bayside suburb.  
**Canterbury:** Tue 27/3 \$15 for members, \$20 for non-members. Call the Centre for full details



### Japanese Tea Ceremony

See a traditional tea ceremony and learn how to make matcha.  
**Alamein:** Sat 10.30am - 11.30am  
16/6 (1 session) \$25

### Life Long Learning Meetings (LLM)

This program is for older people who enjoy learning, sharing ideas and making new friends. The meetings include guest speakers, discussion and afternoon tea.  
**Hawthorn:** Glenferrie Thu 1.30pm - 3.30pm 1/2 (10wks); 19/4 (10wks) \$30  
Session at Henry St runs every second week during term dates  
Fri 1.30pm - 3.30pm 9/2 (10wks) \$30

### Travelogue Club

Armchair travellers welcome.  
Contact: 9889 7509  
**Camberwell:** Last Fri of month 2pm

# Technology and Workskills

## Computers, Tablets and IT

### Introduction to Computers (Windows 10)

**Alamein:** Thu 12.45pm - 3.30pm  
22/2 (9wks) \$122; Tue 9.30am - 12pm  
24/4 (10wks) \$122

### Introduction to Excel 2016 (Intensive)

**Alamein:** Tue to Fri 9.30am - 3pm  
(4 days) 3/7 \$105

### Introduction to Word 2016

**Alamein:** Thu 12.45pm - 3.15pm  
(8wks) 10/5 \$105

### iPads and iPhones Basics

**Alamein:** Mon 9.45am - 12.15pm  
18/6 (1 session) \$40

### iPad (Beginners)

**Balwyn:** Mon 10am - 12pm  
19/2 (5wks) \$110  
Includes organising and storing photos, FaceTime, emails, shopping and using eBay.  
**Hawthorn:** Tue 9.30am - 11.30pm  
6/2 (5wks) \$94

### iPad (Beginners & Seniors)

Learn how to use apps and functions on your iPad.  
**Bowen Street:** Fri 10am - 12.30pm  
2/3 (4wks) \$130

### iPad - Next

**Bowen Street:** Fri 10am - 12.30pm  
4/5 (4wks) \$130

### iPads (Level I)

Learn all about iPads, smart phones and finding great apps.  
**Alamein:** Wed 12.30pm - 3pm  
7/2 (8wks) \$85



### iPads for Travel

Includes Wi-Fi networks, photography, storage, travel apps and accessories.  
**Alamein:** Tue 10am - 12pm  
13/2 (3wks) \$95

### IT for Beginners

Develop your computer skills and become confident using internet, Windows 10 and Word

**Kew:** Thu 12.30pm - 3pm  
1/2 (9wks) \$135; 19/4 (10wks) \$150

### Managing photos on iPads/iPhones

**Alamein:** Mon 9.45am - 12.15pm  
30/4 (1 session) \$40

### Take great photos on your iPad!

**Balwyn:** Mon 10am - 12pm  
18/6 (1 session) \$45

### Smartphone photography – creating WOW photos

Learn how to take better photos on your smartphone or tablet using basic photography principles and editing apps.

**Surrey Hills:** Sat 1pm - 4pm  
(18/3), \$85/\$75 SHNC members

### Protect Your Computer

Protect from viruses, back up valuable data.  
**Alamein:** Mon 9.45am - 12.15pm  
7/5 (1 session) \$40

## Exploring the Internet

### Buy and Sell Online

Using eBay and Gumtree  
**Alamein:** Mon 12.30pm - 3pm  
19/3 (2wks) \$80  
Learn how to use eBay.  
Contact centre for details.  
**Bowen Street:** 1.30pm - 3.30pm  
Fri 23/3 (1 session) \$70

### Facebook Advertising for Businesses

Learn how to target advertise on Facebook.  
**Alamein:** Wed 9.30am - 12pm  
14/3 (1 session) \$40; 30/5 (1 session) \$40

### Facebook: Introduction

**Alamein:** Mon 9.45am - 12.15pm  
4/6 (1 session) \$40

### Google Analytics: Introduction

**Alamein:** Wed 9.30am - 12pm  
7/3 (1 session); 16/5 (1 session) \$40

### Marketing through Digital Media

Learn Facebook, Twitter, Instagram and Mail Chimp to improve your organisation's online profile.  
**Alamein:** Wed 6.30pm - 9pm  
7/2 (8wks) \$85; Tue 12.30 - 3pm  
1/5 (8wks) \$85

### NBN basics

Learn about the NBN, how it will affect your landline and Internet, and what plan to choose.  
**Alamein:** Mon 12.30pm - 3pm  
26/2 (1 session) \$35

### Twitter: Introduction

**Alamein:** Mon 9.45am - 12.15pm  
21/5 (1 session) \$40

### Individual Support

Individual iPad/iPhone/Mac /PC/Laptop  
Need more skills in using your Mac/iPad?  
One-hour sessions, volunteer-led.  
**Bowen Street:** Various times and days  
\$10 per session

## Upskill for Work

### Barista Skills and the Service Industry

Learn coffee making, customer service, teamwork, merchandising and more.  
**Alamein:** Fri 9.30am - 3pm  
18/5 (4wks) \$100/\$50

### Barista Training

This course provides a solid foundation in how to make coffee; providing skills to find work in the café industry.  
ACFE funded places.  
**Kew:** Please contact reception 9853 3126

### Digital SLR: Introduction

Learn the principles of digital photography. Great for anyone with a new camera and is keen to learn more about taking quality shots.  
**Camberwell:** Mon 6.30pm - 9pm  
5/2 (7wks) \$170

### ESL Tutoring

Introduction to learning English grammar rules, teaching strategies, macro language approaches and more.  
**Alamein:** Wed 12.30pm - 3pm  
14/3 (10wks) \$85/\$20

### Event Management

Learn event management skills, including organising, promotion, budgeting, ticketing, safety.  
**Alamein:** Tue 9.30am - 2.30pm  
6/3 (4wks) \$85

### IT for the Office

Improve your IT skills and get up to date with various office programs. This course is a pathway to paid employment or further study.  
**Kew:** Thu 9am - 11.30pm  
1/2 (9wks) \$125; 19/4 (10wks) \$140

### How to get a Job

Workshop supporting teenagers to get part-time work.  
**Alamein:** Mon 10am - 12.30pm  
2/7 (1 session) \$20

## The Arts

### Find a Job or Change Your Career: Pathways to Employment

Equips you to get a job or change careers, includes employability and transferable skills, 21 century job searching, resumes.

**Alamein:** Mon 12.30pm - 3pm  
30/4 (8wks) \$70/\$20

### MYOB: Introduction

**Alamein:** Fri 12.30pm - 3pm  
2/3 (4wks) \$192

### Volunteering and Beyond: Introduction

Gain skills and knowledge for particular volunteer roles, rights and responsibilities and pathways available through volunteering.

**Alamein:** Thu 12.30pm - 3pm  
8/3 (8wks) \$20/\$10

### Website Design and Maintenance

For office workers and small business owners who need an understanding of basic design, updating and maintenance of WordPress websites.

**Alamein:** Wed 12.30pm - 3pm  
9/5 (8wks) \$105

### Literature

Nourish your mind exploring a broad range of written works and other media from literary, philosophical and other perspectives.

**Canterbury:** Wed 1pm - 3pm  
7/2 (8wks) \$184; 18/4 (9wks) \$207

### Maling Road Book Circle

Coffee shop meetings, lively discussion on books, films and events. Call for details.

**Canterbury:** 1st or 2nd Tue of month  
10am - 11am **FREE** with membership

### Ukulele Beginners

Learn to play and have fun with the Ukulele. Intermediate classes also available.

**Kew:** Mon 6pm - 7pm  
5/2 (7wks) \$120; 16/4 (10wks) \$170  
Learn to play and have fun with the Ukulele. From Johnny Cash to Otis Reading, learn the basics while playing your favourite song.

**Surrey Hills:** Wed 12.15pm - 1.15pm  
31/1 (9wks) \$144; 18/4 (10wks) \$160

### Ukulele Ongoing

**Surrey Hills:** Tue 7pm - 8pm  
30/1 (9wks) \$144; 17/4 (11wks) \$176  
Wed 1.30pm - 2.30pm  
31/1 (9wks) \$144; 18/4 (10wks) \$160

## Music and Movies

### Camberwell Film Society

@ 25 Ingelsby Road Camberwell.  
Phone for details 9347 6969

**Camberwell:** 3rd Wed of month 7pm

### Chinese Choir

Sing songs from around the globe. New members welcome anytime.

**Kew:** Every Sun except Public Holidays  
2pm - 4pm **FREE**

### Guitar (Beginners)

Learn guitar skills from a qualified professional. Intermediate classes also available.

**Kew:** Tue 6pm - 7pm  
6/2 (8wks) \$135; 17/4 (11wks) \$190

### Foreign Film Group

Enjoy a foreign film followed by a discussion.

**Ashburton:** 1st Wed of the month  
7pm for a 7.30pm start 7/2 (ongoing) \$10 per session

**Surrey Hills:** 3rd Wed 7.30pm - 10.30pm  
21/2; 21/3 (ongoing) \$10 per session

### Rhythm n Soul Choir

Four part harmony choir singing pop, soul, folk and gospel. All levels welcome.

**Hawthorn:** Mon 7.45pm - 9.15pm  
29/1 (10wks); 16/4 (10wks) \$130

### Ukulele **NEW**

**Ashburton:** Wed 2pm - 3pm  
7/2 (7wks) \$100; 18/4 (8wks) \$110

## The Arts

### Literature and History

#### Art History with Denise Taylor

**Camberwell:** Sat 9.30am - 11.30am  
24/2 (5wks); 26/5 (TBC) (5wks) \$160

#### Bellevue Book Circle

Coffee shop meetings, lively discussion on books, films and events. Call for details.

**Canterbury:** 3rd Tue of month  
10am - 11am, **FREE** with membership

#### Heritage Collection

Volunteers curating local items of heritage value: viewed Mondays.

**Surrey Hills:** Mon 9am - 3pm  
(during term dates) **FREE**

#### Historical Society

**Surrey Hills:** 3rd Tue 8pm - 10pm  
20/2; 20/3 (ongoing) \$4.50 per session

#### The Joy of Good Books

Part book group, part literature class. Tutor lead discussion.

**Ashburton:** Tue 1pm - 3pm  
6/2 (6wks); 17/4 (6wks) \$105

## The Written Word

### History of the English Language: The Story of Aussie English

From Kangaroos to Kylie, we trace the development of an Australian identity through language history.

**Canterbury:** Tue 10am - 12pm  
24/4 (6wks) \$138

### Life Writing

Writing recollections from your life and family history. Record and share these valuable memories and anecdotes.

**Canterbury:** Tue 10am - 12pm  
6/2 (8wks) \$184; 24/4 (9wks) \$207  
Record and share recollections and anecdotes from your life and family history.

**Hawthorn:** \$36 per semester

### Rendezvous to Write

Make a permanent writing appointment in your diary each month. Receive guidance with current writing projects and develop your writing muscles with various exercises and prompts.

**Hawthorn:** 3rd Tue of month  
1pm - 3pm (5wks) \$50

### Writing Fiction set in History

**Camberwell:** Tue 10am - 12pm  
20/2 (5wks); 22/5 (TBC) (5wks) \$160

### Writing for Pleasure and Publication

Like writing but need encouragement? Share the fun of stringing words together in all sorts of ways.

**Kew:** Tue 1pm - 3pm  
6/2 (8wks) \$185; 17/2 (11wks) \$250

# Volunteer Activities

Volunteering at your Community and Neighbourhood House is a fantastic way of making a real difference in your community. There are great opportunities to share your skills and participate in a variety of ways; from administration, event planning, facilitating a group, tutoring and more. You will meet like-minded people and have a lot of fun. Contact your local Neighbourhood House or Centre for more details.

## Workshops



### Parkside Pop Ups

The successful Parkside Pop Ups run every third Tuesday of the month and is an affordable way to gain some insight into a variety of topics. Up next – Kombucha and Gut Health, Creative Easter Decorations, the Basics of Preserving and much more.

**Hawthorn:** 3rd Tue of month  
7pm - 8.30pm 20/2, 20/3, 24/4, 15/5, 19/6 \$20 per workshop



### Volunteer Opportunities at Craig Family Centre

Engage and make a difference within your community. The Craig Family Centre is recruiting volunteers for its community programs. Volunteer opportunities exist in our Disability, Homework Playgroups and Youth Foundation.

**Craig:** Community Development - [nhco-ordinator@craigfc.org.au](mailto:nhco-ordinator@craigfc.org.au)

## Room Hire

**Many of our Centres have rooms to hire at very competitive rates. Contact the Centres directly for further information or to make a booking.**

### Ashburton Community Centre

Our modern centre has various sized rooms and a registered kitchen available for hire for community, not-for-profit and commercial use. Our rooms are suitable for meetings, classes and workshops. Visit our [www.ashburtoncc.org.au](http://www.ashburtoncc.org.au) for more details.

### Balwyn Community Centre

Set in beautiful grounds, a fabulous function centre and range of smaller meeting rooms available for hire.

### Bowen Street Community Centre, Camberwell

Meeting and party rooms available. For virtual tour of facilities and details - [www.bowenstreet.org.au](http://www.bowenstreet.org.au)

### Camberwell Community Centre

Rooms include a hall, an art studio, a spacious health and wellbeing room and four different sized carpeted rooms. Pottery studio also available for private classes. Regular and casual hire available. No parties. Phone for costs.

### Craig Family Centre

Rooms suitable for meetings, seminars and parties. Enjoy full use of our facilities including BBQ, kitchen and secure playground. Special rates for not-for-profit organisations.

### Hawthorn Community House

Our bright, well-equipped childcare centre and Art Room are available for hire for birthday parties and functions. Weekends 9.30am - 1.30pm or 1.30pm - 5.30pm, \$95 per session.

### Kew Neighbourhood Learning Centre

If you have a course or an activity that meets the vision of the Centre, we have rooms available for hire at very competitive rates. Harrier's Pavilion is also available for event or party hire. Contact us for further information.

### Surrey Hills Neighbourhood Centre

The Chandler Room is a large, light-filled octagonal room with kitchen and fully fenced, grassed outdoor area. The Cottage is a heritage building with two rooms and a kitchen opening onto an alfresco garden. Available for parties, meetings, workshops, seminars. All facilities are wheelchair accessible.